



JOURNEYING TOGETHER IN SOLIDARITY AND HOPE

Strengthening communities and cultivating shared impact for the common good

Religious Sisters Counsellors Network Initiative (RSCNI) | AAC:SS Sister to Sister Counselling Hub

Bringing counselling closer to the people. Restoring hope. Strengthening families. Healing communities.



Strengthening the Network



Training & Capacity Building



Professional Collaboration



Outreach to Children & Youth



Counselling & Play Therapy

SUCCESS IN NUMBERS

6,702
Clients Served

746
Counselling Sessions

113
Sensitizations

99
Workshops

9
Average Clients per Session

17.4%
Improved or Closed Cases

Regional Reach: Uganda 575 sessions | Zambia 88 | Malawi 83

SUMMARY OF THE WORK WE ARE DOING

- Individual and group counselling for religious institutes, families, institutions and children
- Mental health education through seminars, workshops and conferences
- Professional development for sister counsellors
- Group therapy, psychosocial support and referral
- Community outreach to schools, youth, refugees, elderly persons and vulnerable groups

OBJECTIVES OF THE INITIATIVE

- Build a strong network of trained sister counsellors for collaboration and professional development
- Strengthen a confidential counselling hub to support religious communities, children, families and underserved groups
- Expand outreach and satellite hubs across Uganda, Zambia and Malawi

REAL WORK IN ACTION

RSCNI responds to anxiety, stress, relationship challenges, addiction, grief and loss, trauma, depression, and other mental health needs through counselling, training, outreach and accompaniment.

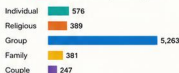
WHO WE REACH

Sessions by country



WHO WE SERVE

Breakdown by client type



WHAT WE ADDRESS

Top issue categories

- Anxiety
- Stress
- Relationship Issues
- Addiction
- Interpersonal Skills
- Anger
- Grief and Loss
- Trauma
- Depression
- Economic Challenges



With gratitude to the Conrad N. Hilton Foundation for making this work possible.



Call for continued support in this noble cause. Help us bring **counselling, healing and hope** closer to more people.

www.religioussisterscounsellorsnetwork.com

